

Sheep Shearing Available on Thursday, August 2nd at the Fairgrounds

Tim Stutzman will be providing sheep shearing at the Fairgrounds on Thursday, August 2nd at 6:30 pm. Cost is \$3 per head. Please be sure to contact the Extension office at 758-5553 or extension@flathead.mt.gov to let us know that you are coming.



Foundation Bylaws Review and Summer Forum Meetings

There will be a Flathead 4-H Foundation Bylaws Review meeting on Wednesday, August 29th at 6:30 pm at the 4-H Building on the Fairgrounds.

The Summer Foundation Forum meeting will also be held at the 4-H Building on the Fairgrounds at 6:30 pm, on Thursday, September 6th, 2012.

Beef and Sheep Showmanship Clinics Provided by Bailey Brubaker

Bailey Brubaker, a Sr. Member of Rocky Mountain Blue Ribbon will be providing two showmanship clinics at the Fairgrounds. The first will be held on Wednesday, Aug. 8th at 6:00 pm and will focus on Beef. The second will be held on Thursday, Aug. 9th at 6:00 pm and focus on Sheep. This is a great way to get some extra practice in before Fair. For more information, please call Bailey at 314-0175.

MARKET SALE RUNNERS



During the Market Sale on Saturday, August 18th, we will need youth volunteers to run water and clipboards to the buyers. Volunteers should meet next to the Sale Trailer at 8:20 am. All market livestock 4-H and FFA members are asked to volunteer during the sale if not with their animal.



Silent Auction Fundraiser to Raise Funds for Exchange Program

The Flathead 4-H Interstate Exchange program will once again be hosting a silent auction at the 2012 NWMT Fair Market Sale which will be held on Saturday, August 18th. The Auction will begin at 8:00 am and close at 1:30 pm and will take place in the Trade Center Foyer. If you, or someone you know would like to donate an item to the auction, please feel free to contact the Extension Office at 758-5553. All proceeds from the auction support the travel costs to Michigan in 2013.



3RD ANNUAL 4-H/FFA FAMILY DANCE AT THE FAIR

The Teen Council is holding a Family 4-H/FFA Fair Dance at the Trade Center Building on Saturday, August 18th after the Rodeo. All 4-H/FFA members/leaders and their families are welcome to attend!!



KNOW YOUR DAISY!



Shasta Daisy

Do you have a beautiful daisy patch in your yard or garden? If so, you may want to check to see if it is a Shasta daisy *Chrysanthemum maximum* (Asteraceae), which can be purchased at local garden centers or oxeye daisy, an invasive weed on the noxious weed list in Montana.

Oxeye daisy has flowers that are 1 to 2 inch diameter with white outer petals and a yellow center on 1 to 2 feet tall long slender stems. Shasta daisy has larger heads and grows 6 to 12 inches taller than oxeye daisy. Oxeye daisies bloom about June- July while Shasta bloom late July – August.

The Montana State University Extension Montguide on oxeye daisy says that the largest impact of this noxious weed is on forage production of infested pastures and meadows. “Because cattle avoid grazing oxeye daisy, carrying capacity of heavily infested pastures is reduced when cattle are the primary grazers. Dense stands of oxeye daisy can decrease plant diversity and increase the amount of bare soil in an area.



Oxeye Daisy

According to the Washington State University Extension bulletin, Oxeye Daisy can be easily killed by repetitive cultivation because of its shallow root system. “Mowing before the first flowers open can eliminate seed production, but can stimulate shoot production. Daisies are resistant to many herbicides. Some weed/chemical control recommendations by the Spokane County Noxious Weed Board include 2,4-D in May thru June during the rosette/seedling stage of growth and picloram plus 2,4-D in July during the bolting, bud, bloom stage of growth. Always read and follow the label directions when applying herbicides.

There have not been any effective biocontrol insects or pathogens found for this daisy. One of the reasons for this is that the Oxeye Daisy contains polyacetylenes and thiophenes that are highly toxic to some insects. “

You may also want to check any wildflower mix you use to be sure it does not contain oxeye daisy seeds which are often listed as *Chrysanthemum leucanthemum* or *Leucanthemum vulgare*.

Although beautiful and showy, oxeye daisy should not be cultivated in Montana and should be replaced with Shasta daisy to avoid spreading this noxious weed.

References:

Montana State University Extension Montguide: Oxeye Daisy: Identification, Biology and Integrated Management by Jane Mangold, Roger Sheley, and Melissa Brown

<http://msuextension.org/publications/AgandNaturalResources/MT200002AG.pdf>

Washington State University Spokane County Extension: Oxeye Daisy, *Chrysanthemum leucanthemum* L. *Leucanthemum vulgare* Lam.

[www.spokane-county.wsu.edu/spokane/eastside/Weed Information/weed text/Oxeye%20Daisy.pdf](http://www.spokane-county.wsu.edu/spokane/eastside/Weed%20Information/weed_text/Oxeye%20Daisy.pdf)



Market Livestock Buyer "Thank You" Procedure Following the Sale

Don't forget to thank your buyers. The success of the Livestock Sale depends on the kindness of community businesses and individuals and it's important that we thank them for their generosity. You can pick up your photo for your buyer's thank you at the Extension Office on August 30th. Once a member delivers a "thank you" photo/gift to their buyer, they must return the confirmation form to the Extension Office by December 3rd.

End of Year Awards Ceremony and Dinner To Be Held in September!!!

Mark you calendars for the 4-H End of Year Awards Ceremony and Dinner which will be held on **Saturday, September 22nd at the Expo Building** on the Fairgrounds. Details will be available in September's newsletter.



"Vote For Fun" Theme Fair Club Booth Displays

Every year each club sets up a display in the Expo building. The theme this year is "Vote for Fun!" Clubs can bring banners, decorations, and other 4-H items to decorate the display. Country Cousin's 4-H Club has sponsored a \$25 cash award for the display with the best theme. On Tuesday, August 14th, around 4:00 pm, clubs can begin to set up displays. The building is open until 9:00 pm.

Volunteers Needed at Fair!

General Projects- Expo Building

4-H leaders, Linda Stewart and Marcia Burns are heading up the General Projects exhibits at the Fair this year and they need help checking in the hundreds of 4-H entries on Monday, August 13th. If you can help, please call Linda at 837-5091 or Marcia at 755-1262.

Drivers with Trailers for Large Market Livestock after the Sale

4-H and FFA will need help when hauling hogs, beef and sheep to the processor after the Large Livestock Market Sale, on Saturday, August 18th. If you have a trailer and would like to help please call the FFA at 751-3951.

A Few Animal Reminders for Fair



- All rabbits must be permanently tattooed for identification if they are coming to Fair.
- All market sheep should be slick shorn within 5 days before show day, August 14th.
- It's important to not put any type of color/dye on market animals. They are a consumable product we shouldn't paint or mark them with anything that could possibly penetrate the meat or fat layers.
- All market beef members need to have their blue brand inspection form with them at Fair if they purchased their animal from someone other than a family member. Those who purchased their animals from family need a signed bill of sale.



All Market Livestock members are required to wear appropriate foot wear (i.e. closed-toe, sensible shoes) when handling their animal at all times during the NWMT Fair.

Horse members may not wear fashion boots or tennis shoes.





Upcoming 4-H Meetings and Special Events

Forums, Committees & Councils

- **Horse Committee:** *Monday, September 10th in the EBB 2nd floor conference room at 5:45 pm.*
- **Foundation Bylaws Review Meeting:** *Wednesday, August 29th at 6:30 pm at the 4-H Building on the Fairgrounds.*
- **AG/ Large Livestock Committee Meeting:** *Thursday, September 6th at 5:30 pm at the 4-H Building on the Fairgrounds.*
- **Summer Flathead 4-H Forum Meeting:** *Thursday, September 6th at 6:30 pm at the 4-H Building on the Fairgrounds.*



Montana 4-H State Horse Show

The show will be held in Miles City on September 28-30th. Early registration is due September 7th and all registrations must be postmarked by September 14th at the latest. Entries must be signed by your Extension Agent so please be sure to contact Tammy before mailing them in.



MT 4-H Leader's Forum

The 2012 MT 4-H Leader's Forum will be held in Billings at the Holiday Inn Grand Hotel on September 28-29th. This year's theme is "Honoring the Past, Celebrating the Present, Envisioning the Possibilities". For registrations, stop by the office or go to http://msuextension.org/2012_Leader_Forum/forumhome.htm



Upcoming Activities & Other Meetings

- ◇ **Record Check Off for Market Livestock Project Members:** *In the Extension Office between July 16-August 1st, 2012. Drug Withdrawal/Commitment to Excellence Forms due in the Office as well.*
- ◇ **Fair Entries due to Fair Office:** *No later than August 1st at 4:00 pm.*
- ◇ **Sheep Shearing:** *Thursday August 2nd at the Fairgrounds starting at 6:30 pm. \$3.00 per head. Please call the Extension Office if you are going to bring lambs in for this shearing. 758-5553*
- ◇ **Beef Showmanship Clinic:** *Wednesday, August 8th at 6:00 pm in the Trade Center Building.*
- ◇ **Sheep Showmanship Clinic:** *Thursday, August 9th at 6:00 pm in the Trade Center Building.*
- ◇ **4-H End of Year Awards Ceremony:** *Saturday, August 22nd at 5:30 pm in the Expo Building on the Fairgrounds.*

Flathead County DISCOUNTS for 4H Members

- **Western Outdoor**– Provides a 15% discount to members for show clothing.
- **Murdoch's**– Provides a 10% discount on limited project items. Members must present a discount card to participate. If you need a 2012 discount card you can go to the store and provide them with either your current 4-H newsletter or your 2011 discount card. Murdoch's also has a feed program for 4-H and FFA members. Please contact the store directly for details.
- **CHS**– If you're purchasing feed through CHS for your market animal, you may want to stop by CHS for details regarding their "Champion of Champions" program. They have incentives available to those who participate.
- **"Frame It" Studio and Gallery**– located at 50 2nd Street East in Kalispell is offering all 4-H Members a 50% discount on matting and shrink wrapping photos and art for the NWMT Fair.



Special Edition Member and Club Accomplishments



We'd like to congratulate all of the members who represented Flathead County Shooting sports at the National Shoot which was held in Grand Island, Nebraska in June:

Sawyer Braaten, Leon Cook, Steven Cook, Alana Townsend and Tyler Volkman.

A big thank you also to all of the parents and leaders who worked so hard this year to assist these and all of the members in all of the counties shooting sports programs!!! We couldn't do it without you!

Flathead 4-H Member Receives Suffolk Sheep Breeder's Starter Flock Grant

Grace Stewart, a 9 year old member of the Swan River 4-H club, was recently awarded a grant by the Montana Suffolk Sheep Breeder's Association. The grant was a starter flock program where recipients receive funds to purchase a lamb or yearling ewe for their own breeding flock. Requirements included continuing her ownership of her flock for at least two years which Grace is excited to do. We are so excited for her! Congratulations Grace!!!



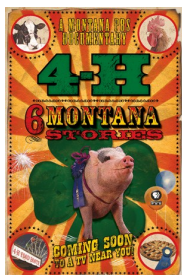
We will have Flathead County 4-H Cookbooks Available at Fair for \$10. Many thanks to DeAnn Dutton, Shawna Floyd and the Cookbook team.



Thank You to All of the Clubs Who Took Part in the Kalispell 4th of July Parade!

4-H is AMAZING!

We were so excited to see that four clubs took part in Kalispell's 4th of July parade this year. We were well represented by Country Cousins, Glacier Stars, Hilltop Riders and the L.L.A.M.A Club. Your floats and animals looked fantastic!



Two more opportunities to watch the Montana 4-H PBS Documentary!!!

This program will follow six young Montana 4-H'ers as they work through their projects.

Air dates are: Thursday, August 2 at 7:00 pm
Thursday, October 11 at 7:00 pm.



Flathead Delegation Goes To Montana State 4-H Congress

We had an awesome team head to Montana State 4-H Congress this year and we'd like to congratulate them for a job well done: Bailey Brubaker, Brandon Hendrickson, Pierre Kaptanian, Samantha Lake, Kadin Prichard, Moriah Probert and Skylar Smith. We'd also like to thank Marleen Probert for helping to transport and chaperone this event.



Rowdy Ropers 4-H Club Use People Partner Grant Funds to Create Blankets for Retirement Home Residents



The Rowdy Ropers 4-H Club, with financial assistance from the People Partner Grant made 16 double sided twin size fleece blankets on June 19. The Club took the blankets to the Montana Veteran's Home in Columbia Falls on July 3rd. The club members visited with and distributed blankets to residents. Other blankets will be given as a welcoming gift to new residents of the retirement home.



Country Cousins Team Takes Part in Kalispell Relay For Life Event

Country Cousins members and leaders took part in the Relay for Life event that took place in Kalispell in June. They collected money through pledges as well holding several fundraisers.

Senior 4-H Member Receives National Honors from International Llama Registry

Hank Crenshaw, a Senior 4-H member of the Leaping Llamas and Marching Alpacas 4-H club received a 2nd place in the Universal Awards program for youth Junior Showmanship and 5th place in the Universal Awards program for Performance Obstacle and was nationally recognized by the International Llama Registry!





MSU Extension Service – Flathead County

Patricia McGlynn

Agriculture, Natural Resource & Community Development Extension Agent

Tammy Walker

4-H & Youth Development Agent

Shelley Struck

Support Staff

Nancy Roberts

SNAP Educator

Linda Watters

Cherry & Grape Research Assistant

Mailing:

800 South Main St.
Kalispell, MT 59901

Physical:

1035 1st Avenue West
Earl Bennett Building 2nd Floor
Kalispell, MT 59901

Phone: (406) 758-5553

Fax: (406) 758-5881

Email: extension@flathead.mt.gov

Web: <http://flathead.mt.gov/extension>

State Web Sites:

www.msuextension.org

www.montana4h.org

SNAP Recipe of the Month



Cheesy Chicken Enchilada Bake

Yield: 8 servings • Serving: 1 enchilada

1 pound boneless, skinless chicken breast (about 2 cups)

½ cup water

1 Tablespoon chili powder

1 can (15 ounce) low sodium black beans, rinsed and drained

1 cup frozen corn

1 cup salsa

8 whole wheat tortillas

Cooking spray

½ cup shredded cheddar cheese

1. Cut chicken breast into 4-5 chunks. Simmer in a large saucepan with water and chili powder. Cook until internal temperature is 165°F (about 10 minutes).
2. Remove chicken from pan. Cut or shred into small chunks and return to pan. Add beans, corn and salsa to saucepan. Cook until hot, about 2 minutes. Remove from heat.
3. Spread ½ cup of chicken mixture down the center of each tortilla. Roll up and place seam-side down in greased 9x13 pan.
4. Spread any leftover chicken mixture over the top of the enchiladas.
5. Bake at 375°F for 12-15 minutes.
6. Sprinkle cheese on top of the enchiladas during the last 5 minutes of cooking.
7. Serve immediately.

PER SERVING: CALORIES 310 • FAT 7 G • PROTEIN 22 G • CARBOHYDRATE 41 G • FIBER 6 G • SODIUM 510 MG

Recipe courtesy of Iowa State University Extension

Supplemental Nutrition Assistance Program Education enables young families, single recipients and seniors to learn how to best use their food stamp dollars in providing healthy nutrition for themselves and their families. Adults can sign up for a 6 week course that is fun and provide the basic concepts of good nutrition. The only requirements to join in the classes are: that a person is receiving WIC assistance; either receiving food stamps or are eligible to receive them; or are getting commodity foods. Please call Nancy at the Flathead County Extension office at 758-2448 to sign-up for classes.

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